

Capacity Building – Improved Daily Living

The Improved Daily Living support category includes assessment, training, strategy development, and therapeutic supports to promote skill development, or to build a participant's capacity for independence and community participation.

The types of professionals who may operate under Improved Daily Living are:

- Development Educator
- Early Childhood Educator
- Qualified Allied Health Professionals (e.g., Occupational Therapist, Social Worker, Speech Pathologist, Physiotherapist, Psychologist, Counsellor, Exercise Physiologist, Dietician, Audiologist, Art Therapist, Music Therapist, Podiatrist)
- Nurse
- Therapy Assistance Level 1 or 2

As well as direct service provision, Improved Daily Living can be used to claim for:

- Non-Face-to-Face Support Provision
- Provider Travel
- Short Notice Cancellations
- NDIA Requested Reports

Early Childhood Intervention Supports (under 7 years)

These support items are used for the assessment, planning, and delivery of supports for children aged under seven years old. Early Childhood Intervention Supports are intended to support families and children to work towards increased independence in daily activities and social participation, with a goal of reducing the need for future supports.

Therapy Supports (over 7 years)

Under the NDIS, therapy supports are for participants with an established disability, where maximum medical improvement has been reached, to facilitate functional improvement. These support items are used for the assessment, planning, and delivery of disability-related health supports which directly relate to a participant's significant and permanent functional impairment.

Disability-Related Health Supports funded by the NDIS include, but are not limited to:

- The provision of **Nursing Care** to respond to the disability-related health needs of a participant where that care is not the usual responsibility of the health system.
- The provision of **Hearing Services** not covered under the MBS performed by a suitably qualified Audiologist or Audio metrist.
- The provision of **Specialised Driver Training Support** where driving lessons are required due to the impact of a participant’s disability. This item should be in response to an assessment by a Specialist Driver Trained Occupational Therapist.

PLEASE NOTE: Massage and Chiropractic services are only funded if you have been given direct approval from the NDIA and the support is directly related to your disability (for example, Multiple Sclerosis). Typically, these supports are more appropriately funded by the health system.

Other Supports funded under Improved Daily Living

Often when a participant doesn’t have access to the Core support category, they can utilise the Improved Daily Living category to fund skill development and community access if the support is aiming to increase independence. **This is done using these support items:**

Item Number	Item Name and Notes	Unit	National	Remote	Very Remote
15_035_0106_1_3	<p>Assistance With Decision Making Daily Planning and Budgeting</p> <ul style="list-style-type: none"> • Provision of time limited support to assist a person to develop and maintain daily budget, including assisting in planning purchases. 	Hour	\$65.47	\$91.66	\$98.21
15_037_0117_1_3	<p>Skill Development And Training including Public Transport Training</p> <ul style="list-style-type: none"> • Individual training provided in the home or in the community for general life skills to increase independence. 	Hour	\$65.47	\$91.66	\$98.21
15_038_0117_1_3	<p>Training For Carers/Parents</p> <ul style="list-style-type: none"> • Training for carers in matters related to caring for a person with disability. For example, where a participant requires a particular regime to maintain functioning or to slow the deterioration of a medical condition or body part, then this support item can be used to deliver training for non-qualified personnel to assist a participant, as part of usual daily care. 	Hour	\$74.63	\$104.48	\$111.95
15_045_0128_1_3	<p>Community Engagement Assistance</p> <ul style="list-style-type: none"> • Provision of support to empower participants and improve their social interactions, or to promote effective community engagement through a group approach to help achieve goals, gain insight into their lives, and make informed decisions. 	Hour	\$47.70	\$66.78	\$71.55