

## Capacity Building - Improved Daily Living

This support category includes assessment supports, training supports, strategy development supports, and therapeutic (including Early Childhood Intervention) supports to assist the development of, or to increase, a participant's skills and their capacity for independence and community participation.

### Early Childhood Intervention Supports (under 7 years)

These support items can also be used for the assessment, planning, and delivery of Error! Reference source not found. where these supports directly relate to a participant's significant and permanent functional impairment and assist them to undertake activities of daily living.

### Therapy Supports (over 7 years)

In the NDIS, therapy supports are for participants with an established disability, where maximum medical improvement has been reached, to facilitate functional improvement.

- Where a participant has a medical condition or disability that requires a particular regime to maintain functioning of a body part, or to slow the deterioration of a medical condition or body part, then these support items can be used to deliver reasonable and necessary training for non-qualified personnel to assist a participant, as part of usual daily care.
- **These support items cannot be used for massage**, delivered directly to impact a body part or body system, as these supports are more appropriately provided and funded by the health system. **Massage is only funded if you have been given direct approval from the NDIA and the support is directly related to your disability for example, MS.**
- These support items can also be used for the assessment, planning, and delivery of **Disability -Related Health Supports** where these supports directly relate to a participant's significant and permanent functional impairment and assist them to undertake activities of daily living.

#### Examples are:

- Counselling Services
- Community Engagement Assistance
  - Provision to a participant of a support to empower participants and improve interactions between participants and their social networks.
  - Provision of support that assists the participant to engage effectively in the community through a group approach to help achieve goals, gain insight into their lives, and make informed decisions
- Continence Aid assessments
- Psychology services
- Physiotherapy Services
- Occupational Therapy, Speech therapy and other services from other Allied health Professionals
- Dietician
- Exercise Physiology
- Services delivered by Allied Health Assistants – under the direct supervision of a qualified therapist

## Hearing Supports

These support items provide for hearing services not covered under the MBS performed by a suitably qualified Audiologist or Audio metrist.

## Disability Related Health Supports by a Nurse

**Disability -Related Health Supports** provide nursing care to respond to the disability-related health needs of a participant where that care is not the usual responsibility of the health system.

## Specialised Driver Training Support

This support item provides driving lessons required due to the impact of a participant's disability. This item should be in response to an assessment by a specialist Driver Trained Occupational Therapist.

## Other Therapy Supports

These support items assist the development of, or increase, a participant's skills and or capacity for independence and community participation.

**Often when a participant doesn't have CORE, they can utilise this category to fund skill development and community access if the support is aiming to increase Independence.**

Item Number	Item Name and Notes	Unit	National
15_035_0106_1_3	Assistance with Decision Making, Daily Planning and Budgeting <ul style="list-style-type: none"> <li>Provision of time limited support to assist a person to develop and maintain daily budget, including assisting in planning purchases.</li> </ul>	Hour	\$55.47
15_037_0117_1_3	Skill Development And Training to increase independence, including Public Transport Training <ul style="list-style-type: none"> <li>Individual training provided in the home for general life skills to increase independence.</li> </ul>	Hour	\$55.47
15_038_0117_1_3	Training for Carers/Parents <ul style="list-style-type: none"> <li>Training for carers in matters related to caring for a person with disability.</li> </ul>	Hour	\$63.21
15_047_0135_1_3	Selection and/or Manufacture of Customised or Wearable Technology	Hour	\$193.99